



DEPARTMENT OF THE AIR FORCE

MIKE O'CALLAGHAN FEDERAL MEDICAL CENTER
NELLIS AIR FORCE BASE, NEVADA

UROLOGY CLINIC: (702) 653-3064

Planned Date: _____

Procedure: (TRUS Bx) Trans-Rectal Ultrasound-Guided Prostate Biopsy

Staff: B. Dudley, MD

What to Expect:

1. Pain should be minimal.
2. 1 week of no heavy lifting.

Before Your Procedure:

1. No Coumadin or other prescription "blood thinner" for at least one week before procedure.
2. Aspirin OK but not recommended unless you have a heart stent.
3. OK to eat/drink before procedure.
4. Report to the Urology clinic at least 15 minutes prior to your scheduled time. They will collect a urine sample.
5. You should have undergone a rectal swab (basically, a big Q-Tip stuck into your bottom) when you scheduled the biopsy. We will culture the swab and that will determine what antibiotic we give you. The Urology clinic will likely provide the antibiotic on the day of biopsy.
6. If possible, have a good bowel movement before coming to clinic the morning of your procedure. Your procedure may be cancelled if there is stool in your rectum.

For Further Information:

Brief Overview:

Mayo Clinic Prostate Biopsy

<http://www.mayoclinic.com/health/prostate-biopsy/MY00182>

Detailed Overview:

UCSF Department of Urology Patient Information

http://urology.ucsf.edu/patientGuides/pdf/uroOnc/Prostate_Biopsy.pdf